

## Takemusu Iwama Aikido GB Junior Grading Syllabus (ages 10 - 17)

### 6th Kyu to 1st Dan

The following grading syllabus is designed to guide Junior students aged 10 - 17 through a continuous development from 6th Kyu to 1st Dan.

The times between grades are minimums since the last grade was achieved. Students will only be able to take a test at their Instructor's discretion.

Dan grades are only to be awarded by Sensei Sargeant to Juniors who are permitted to test on or after their 15th Birthday.

A test shall be taken at the dojo where the student normally practices for the black tabs/strips and for the full striped belts (Except for 1st Dan where the test location shall be agreed with Sensei Sargeant).

Omission of a test at the Instructors discretion is permitted where the wellbeing of the student takes precedence.

As a rule, partners (uke) in a test should be of the same rank. The student shall continue doing the same technique, left and right, ura and omote, until the examiner says "Stop".

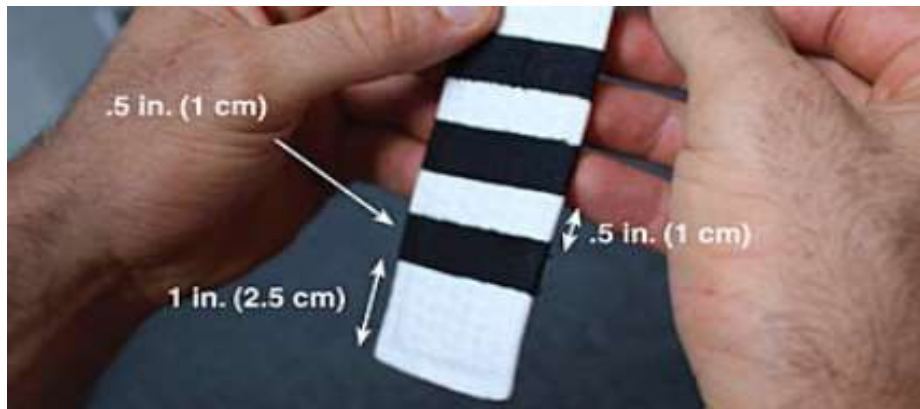
### Belt System

Junior belts are to be coloured with a single white stripe through the centre

1cm Black strips shall be affixed at the end of the belt starting 2.5cm in from the end.

(Space between stripes should be 1cm (all positions are estimates)

Zinc Oxide Sport Finger Tape is the most common material for this purpose



Progression upto 5th Kyu (Yellow Striped Belt) - Test not to be taken before the students 10th Birthday

**6th Kyu (no coloured belt) 1st Stripe (5hrs minimum)**

Technique	Attack	Direction/Options	Position
Ukemi		Mai & Ushiro	Suwariwaza
Shikko		Mai	
Kokyu Dosa	Ryotedori	Kihon	Suwariwaza
Tai no Henko	Katatedori	Kihon	Tachiwaza
Irimi Tenkan			Tachiwaza

**6th Kyu (no coloured belt) 3rd Stripe (5hrs minimum)**

Technique	Attack	Direction/Options	Position
Tai no Henko	Katatedori	Kihon & Kinonagare	Tachiwaza
Shihonage	Ryotedori	Omote & Ura	Tachiwaza
Ikkyo	Ryotedori	Omote & Ura	Tachiwaza
Iriminage	Shomenuchi		Tachiwaza
<b>Weapons</b>			
Ken	Suburi	4 to 5	
	Happogiri	2 Directions	
Jo	Suburi	4 to 6	

**6th Kyu (no coloured belt) 2nd Stripe (5hrs minimum)**

Technique	Attack	Direction/Options	Position
Kokyu Ho	Morotedori		Tachiwaza
Ikkyo	Shomenuchi	Omote & Ura	Tachiwaza
	Katatedori	Omote & Ura	Tachiwaza
Shihonage	Katatedori	Omote & Ura	Tachiwaza
<b>Weapons</b>			
Ken	Suburi	1 to 3	
Jo	Suburi	1 to 3	

**5th Kyu (yellow striped belt) (5hrs minimum)**

Technique	Attack	Direction/Options	Position
Tai no Henko	Katatedori	Kihon & Kinonagare	Tachiwaza
Kokyu Ho	Morotedori		Tachiwaza
Ikkyo	Shomenuchi	Omote & Ura	Tachiwaza
	Katatedori	Omote & Ura	Tachiwaza
	Ryotedori	Omote & Ura	Tachiwaza
Iriminage	Shomenuchi		Tachiwaza
Shihonage	Katatedori	Omote & Ura	Tachiwaza
	Ryotedori	Omote & Ura	Tachiwaza
<b>Weapons</b>			
Ken	Suburi	1 to 7	
	Happogiri	4 Directions	
Jo	Suburi	1 to 6	

Progression upto 4th Kyu (Orange Striped Belt) - Test not to be taken before the students 10th Birthday

**5th Kyu (yellow striped belt) 1st Stripe (7hrs minimum)**

Technique	Attack	Direction/Options	Position
Ukemi		Mai & Ushiro	Tachiwaza
Shikko		Ushiro	
Kokyu Ho	Katatedori		Tachiwaza
Ikkyo	Katatedori	Omote & Ura	Suwariwaza
	Katadori	Omote & Ura	Tachiwaza
Shihonage	Shomenuchi	Omote & Ura	Tachiwaza
<b>Weapons</b>			
Ken	Awase	Migi, Hidari	
Jo	Suburi	7 to 11	
	13 Kata	1 to 4	

**5th Kyu (yellow striped belt) 3rd Stripe (7hrs minimum)**

Technique	Attack	Direction/Options	Position
Ikkyo	Shomenuchi	Omote & Ura	Tachiwaza
Shihonage	Yokomenuchi	Omote & Ura	Tachiwaza
<b>Weapons</b>			
Ken	Awase	Shichi	
Jo	Suburi	15 to 18	
	13 Kata	1 to 11	

**5th Kyu (yellow striped belt) 2nd Stripe (7hrs minimum)**

Technique	Attack	Direction/Options	Position
Ikkyo	Kosadori	Omote & Ura	Tachiwaza
Kaitenage	Katatedori	Soto & Uchi Mawari	Tachiwaza
Iriminage	Shomenuchi		Tachiwaza
<b>Weapons</b>			
Ken	Awase	Go	
Jo	Suburi	12 to 14	
	13 Kata	1 to 8	

**4th Kyu (orange striped belt) (7hrs minimum)**

Technique	Attack	Direction/Options	Position
Kokyu Ho	Katatedori		Tachiwaza
Ikkyo	Katatedori	Omote & Ura	Suwariwaza
	Katadori	Omote & Ura	Tachiwaza
	Kosadori	Omote & Ura	Tachiwaza
	Shomenuchi	Omote & Ura	Tachiwaza
Shihonage	Ryotedori	Omote & Ura	Tachiwaza
	Shomenuchi	Omote & Ura	Tachiwaza
	Yokomenuchi	Omote & Ura	Tachiwaza
Iriminage	Shomenuchi		Tachiwaza
Kaitenage	Katatedori	Soto & Uchi Mawari	Tachiwaza
Kokyu Nage	Kosadori		Tachiwaza
<b>Weapons</b>			
Ken	Awase	Migi, Hidari, Go & Shichi	
Jo	Suburi	12 to 20	
	13 Kata	1 to 13	

Progression upto 3rd Kyu (Green Striped Belt) - Test not to be taken before the students 10th Birthday

**4th Kyu (orange striped belt) 1st Stripe (7hrs minimum)**

Technique	Attack	Direction/Options	Position
High Fall			Tachiwaza (Assisted)
Ikkyo	Shomenuchi	Omote & Ura	Tachi & Suwariwaza
	Ryotedori	Omote & Ura	Suwariwaza
Shihonage	Katatedori	Omote & Ura	Hanmihandachi
	Shomenuchi	Omote & Ura	Hanmihandachi
<b>Weapons</b>			
Ken	Kumi Tachi	1st (Level 1)	
Jo	31 Kata	1 to 13	
	31 Kumijo	1 to 3	

**4th Kyu (orange striped belt) 3rd Stripe (7hrs minimum)**

Technique	Attack	Direction/Options	Position
Ikkyo	Munadori	Omote & Ura	Tachiwaza
Shihonage	Yokomenuchi	Omote & Ura	Tachiwaza
Iriminage	Ryotedori		Tachiwaza
Koshinage	Katatedori		Tachiwaza
	Ryotedori		Tachiwaza
<b>Weapons</b>			
Ken	Kumi Tachi	1st (Level 3)	
		Ki Musubi No Tachi (Level 3)	
Jo	31 Kata	All	
	31 Kumijo	9 to 11	

**4th Kyu (orange striped belt) 2nd Stripe (7hrs minimum)**

Technique	Attack	Direction/Options	Position
Ikkyo	Yokomenuchi	Omote & Ura	Tachiwaza
Iriminage	Katatedori	Jodan, Chudan, Gedan	Tachiwaza
	Shomenuchi		Tachiwaza
Kaitenage	Shomenuchi		Tachiwaza
	Katatedori	Soto & Uchi Mawari	Hanmihandachi
Tenchinage	Ryotedori		Tachiwaza
<b>Weapons</b>			
Ken	Ki Musubi No Tachi (Level 1)		
Jo	31 Kata	1 to 22	
	31 Kumijo	4 to 6	

**3rd Kyu (green striped belt) (7hrs minimum)**

Technique	Attack	Direction/Options	Position
Ikkyo	Shomenuchi	Omote & Ura	Tachi & Suwariwaza
	Ryotedori	Omote & Ura	Suwariwaza
	Yokomenuchi	Omote & Ura	Tachiwaza
Shihonage	Munadori	Omote & Ura	Tachiwaza
	Katatedori	Omote & Ura	Hanmihandachi
	Shomenuchi	Omote & Ura	Hanmihandachi
	Yokomenuchi	Omote & Ura	Tachiwaza
Iriminage	Katatedori	Jodan, Chudan, Gedan	Tachiwaza
	Shomenuchi		Tachiwaza
	Ryotedori		Tachiwaza
	Tsuki		Tachiwaza
Kaitenage	Shomenuchi		Tachiwaza
	Tsuki		Tachiwaza
	Katatedori	Soto & Uchi Mawari	Hanmihandachi

Progression upto 3rd Kyu (Green Striped Belt) - Test not to be taken before the students 10th Birthday

Koshinage	Katatedori		Tachiwaza
	Ryotedori		Tachiwaza
	Tsuki		Tachiwaza
Tenchinage	Ryotedori		Tachiwaza
Kokyu Nage	Katatedori	x 3	Tachiwaza
<b>Weapons</b>			
Ken	Kumi Tachi	1st (Level 3)	
	Ki Musubi No Tachi	(Level 3)	
Jo	31 Kata	All	
	31 Kumijo	1 to 3, 4 to 6, 9 to 11	

Progression upto 2nd Kyu (Blue Striped Belt) - Test not to be taken before the students 11th Birthday

**3rd Kyu (green striped belt) 1st Stripe (10hrs minimum)**

Technique	Attack	Direction/Options	Position
Ikkyo	Katadori	Omote & Ura	Tachi & Suwariwaza
	Yokomenuchi	Omote & Ura	Suwariwaza
Shihonage	Katadori	Omote & Ura	Tachiwaza
Iriminage	Katadori		Tachiwaza
Kaitenage	Tsuki		Hanmihandachi
	Shomenuchi		Hanmihandachi
<b>Weapons</b>			
Ken	Kumi Tachi	2nd, (Level 1)	
Jo	31 Kumijo	13-17	

**3rd Kyu (green striped belt) 3rd Stripe (10hrs minimum)**

Ikkyo	Ushiro Ryotedori	Omote & Ura	Tachiwaza
Gokkyo	Yokomenuchi	Ura	Tachiwaza
Shihonage	Katatedori	Omote & Ura	Hanmihandachi
Iriminage	Tsuki		Hanmihandachi
	Shomenuchi		Hanmihandachi
Kokyu Nage	Shomenuchi		Tachiwaza
	Katadori		Tachiwaza
	Morotedori		Tachiwaza
<b>Weapons</b>			
Ken	Kumi Tachi	2nd, 3rd, (Level 3)	
Jo	31 Kumijo	23-27	

**3rd Kyu (green striped belt) 2nd Stripe (10hrs minimum)**

Technique	Attack	Direction/Options	Position
Ikkyo	Morotedori	Omote & Ura	Tachiwaza
	Tsuki	Omote & Ura	Tachiwaza
Shihonage	Tsuki	Omote & Ura	Tachiwaza
Iriminage	Yokomenuchi		Tachiwaza
Tenchinage	Katatedori		Tachiwaza
	Ryotedori		Tachiwaza
Koshinage	Shomenuchi		Tachiwaza
<b>Weapons</b>			
Ken	Kumi Tachi	3rd, (Level 1)	
Jo	31 Kumijo	18-22	

**2nd Kyu (blue striped belt) (10hrs minimum)**

Technique	Attack	Direction/Options	Position
Ikkyo	Katadori	Omote & Ura	Tachi & Suwariwaza
	Yokomenuchi	Omote & Ura	Suwariwaza
	Morotedori	Omote & Ura	Tachiwaza
	Tsuki	Omote & Ura	Tachiwaza
	Ushiro Ryotedori	Omote & Ura	Tachiwaza
Shihonage	Katadori	Omote & Ura	Tachiwaza
	Tsuki	Omote & Ura	Tachiwaza
	Katatedori	Omote & Ura	Hanmihandachi
Iriminage	Katadori		Tachiwaza
	Yokomenuchi		Tachiwaza
	Tsuki		Hanmihandachi
	Shomenuchi		Hanmihandachi
Kaitenage	Tsuki		Hanmihandachi
	Shomenuchi		Hanmihandachi

Progression upto 2nd Kyu (Blue Striped Belt) - Test not to be taken before the students 11th Birthday

Tenchinage	Katatedori		Tachiwaza
	Ryotedori		Tachiwaza
Koshinage	Shomenuchi		Tachiwaza
	Ushiro Ryotedori		Tachiwaza
Kokyu Nage	Shomenuchi		Tachiwaza
	Katadori		Tachiwaza
	Morotedori		Tachiwaza
	Ushiro Ryotedori		Tachiwaza
Kokyu Dosa	Ryotedori	Hands pinned to the knees	Suwariwaza
<b>Weapons</b>			
Ken	Kumi Tachi	2nd, 3rd (Level 3)	
Jo	31 Kumijo	13-17, 18-22, 23-27, 28-31	

Progression upto 1st Kyu (Brown Striped Belt) - Test not to be taken before students 12th Birthday

**2nd Kyu (blue striped belt) 1st Stripe (10hrs minimum)**

Technique	Attack	Direction/Options	Position
Ikkyo	Shomenuchi	Omote & Ura	Tachi & Suwariwaza
	Katadori	Omote & Ura	Tachi & Suwariwaza
	Yokomenuchi	Omote & Ura	Tachi & Suwariwaza
Iriminage	Morotedori		Tachiwaza
	Tsuki		Tachiwaza
Kokyu Nage	Yokomenuchi		Tachiwaza
<b>Weapons</b>			
Ken	Kumi Tachi	4th, 5th, (Level 1)	
Jo	31 Kumijo	All (Level 1)	

**2nd Kyu (blue striped belt) 3rd Stripe (10hrs minimum)**

Technique	Attack	Direction/Options	Position
Ikkyo	Ryotedori	Omote & Ura	Hanmihandachi
	Ushiro Ryokatadori	Omote & Ura	Tachiwaza
	Ushiro Ryotedori	Omote & Ura	Tachiwaza
Koshinage	Morotedori		Tachiwaza
	Katadori		Tachiwaza
	Yokomenuchi		Tachiwaza
Jujinage	Munadori		Tachiwaza
	Tsuki		Tachiwaza
	Ushiro Ryotedori		Tachiwaza
<b>Weapons</b>			
Jo	13 Jo Awase	All	

**2nd Kyu (blue striped belt) 2nd Stripe (10hrs minimum)**

Technique	Attack	Direction/Options	Position
Shihonage	Morotedori	Omote & Ura	Tachiwaza
	Katatedori	Omote & Ura	Tachiwaza & Hanmihandachi
	Ryotedori	Omote & Ura	Tachiwaza & Hanmihandachi
Iriminage	Katatedori		Suwariwaza
	Shomenuchi		Suwariwaza
Kaitenage	Katadori		Tachiwaza
Tenchinage	Ryotedori		Tachiwaza
<b>Weapons</b>			
Ken	Tachi Dori	3	
Jo	Jo Dori	3	
	Jo Nage	3	

**1st Kyu (brown striped belt) (10hrs minimum)**

Technique	Attack	Direction/Options	Position
Ikkyo	Shomenuchi	Omote & Ura	Tachi & Suwariwaza
	Katadori	Omote & Ura	Tachi & Suwariwaza
	Yokomenuchi	Omote & Ura	Tachi & Suwariwaza
	Ryotedori	Omote & Ura	Hanmihandachi
	Ushiro Ryotedori	Omote & Ura	Tachiwaza
	Shihonage	Morotedori	Omote & Ura
	Katatedori	Omote & Ura	Tachiwaza & Hanmihandachi
	Ryotedori	Omote & Ura	Tachiwaza & Hanmihandachi
Iriminage	Katatedori		Suwariwaza
	Shomenuchi		Suwariwaza
	Morotedori		Tachiwaza



Progression upto 1st Kyu (Brown Striped Belt) - Test not to be taken before students 12th Birthday

	Tsuki		Tachiwaza
Kaitenage	Katadori		Tachiwaza
Tenchinage	Ryotedori		Tachiwaza
Koshinage	Morotedori		Tachiwaza
	Katadori		Tachiwaza
Jujinage	Munadori		Tachiwaza
	Tsuki		Tachiwaza
	Ushiro Ryotedori		Tachiwaza
Kokyu Nage	Any		Tachiwaza (30 seconds) Uke x 2
Jiyuwaza	Any		Tachiwaza (30 seconds) Uke x 2
Kokyu Dosa	Hijidori	Both elbows held	Suwariwaza
<b>Weapons</b>			
Ken	Kumi Tachi	4th, 5th, (Level 3)	
	Tachi Dori	3	
Jo	13 Jo Awase	All (Level 1)	
	31 Kumijo	All (Level 3)	
	Jo Dori	3	
	Jo Nage	3	
	Jo Dori	3	
	Jo Nage	3	

1st Dan - Test not to be taken before students 15th Birthday and to be conducted by Sensei Tony Sargeant

**1st Dan (black striped belt) - 50 hrs minimum**

Students must be recommended by their Club Instructor and accepted by Sensei Sargeant

Students must have a minimum of 12 months since obtaining 1st Kyu.

Students must have a minimum of 50hrs of practice since obtaining 1st Kyu.

Students must attend one TIA Europe Seminar in the 12 months prior to the test,  
at least one of which must be taught by an instructor other than the candidate's normal teacher.

All techniques are to be performed in Kihon unless otherwise instructed by the examiner.

Grading syllabus shall be as per Aikikai requirements