

Takemusu Iwama Aikido GB Junior Grading Syllabus (ages 5 - 9)

7th Kyu to 4th

The following grading syllabus is designed to guide Junior students aged 5 - 9 through a continuous development from 7th Kyu to 4th Kyu.

The times between grades are minimums since the last grade was achieved. Students will only be able to take a test at their Instructor's discretion.

Students who have been awarded 5th & 4th kyu may transition to the equivalent coloured belt on the 10 - 17 age group syllabus at their 10th Birthday.

A test shall be taken at the dojo where the student normally practices for the black tabs/strips and for the full striped belts.

Omission of a test at the Instructors discretion is permitted where the wellbeing of the student takes precedence.

As a rule, partners (uke) in a test should be of the same rank. The student shall continue doing the same technique, left and right, ura and omote, until the examiner says "Stop".

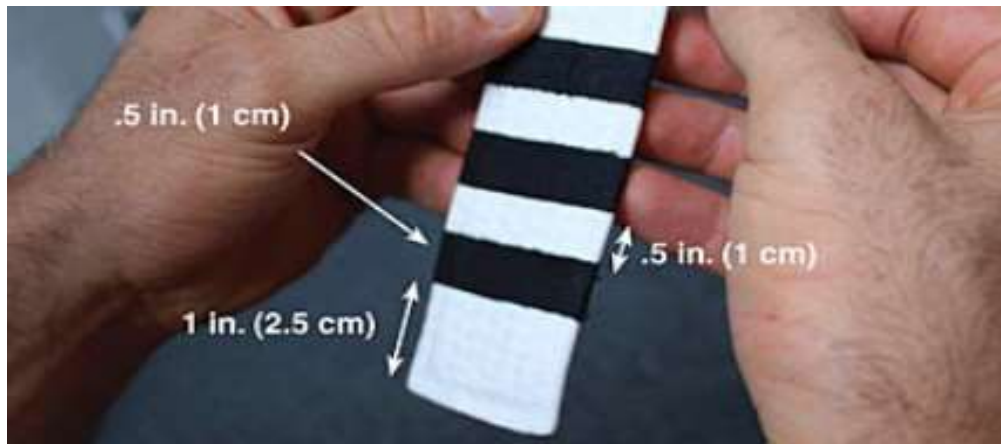
Belt System

Junior belts are to be coloured with a single white stripe through the centre

1cm Black strips shall be affixed at the end of the belt starting 2.5cm in from the end.

(Space between stripes should be 1cm (all positions are estimates)

Zinc Oxide Sport Finger Tape is the most common material for this purpose



Progression upto 6th Kyu (Grey Striped Belt) - Test not to be taken before the students 5th Birthday

7th Kyu (no coloured belt) 1st Stripe (5hrs minimum)

Technique	Attack	Direction/Options	Position
Ukemi		Mai	Suwariwaza
Shikko		Mai	
Irimi Tenkan			Tachiwaza
Tai no Henko	Katatedori	Kihon	Tachiwaza

7th Kyu (no coloured belt) 3rd Stripe (5hrs minimum)

Technique	Attack	Direction/Options	Position
Shihonage	Shomenuchi	Omote & Ura	Tachiwaza
Kokyu Dosa	Ryotedori	Kihon	Suwariwaza
Weapons			
Ken	Suburi	2nd	
	Happogiri	2 Directions	
Jo	Suburi	3rd	

7th Kyu (no coloured belt) 2nd Stripe (5hrs minimum)

Technique	Attack	Direction/Options	Position
Ukemi		Ushiro	Suwariwaza
Shikko		Tenkan	
Ikkyo	Shomenuchi	Omote & Ura	Tachiwaza
Iriminage	Shomenuchi		Tachiwaza
Weapons			
Ken	Suburi	1st	
Jo	Suburi	1st & 2nd	

6th Kyu (grey striped belt) (5hrs minimum)

Technique	Attack	Direction/Options	Position
Tai no Henko	Katatedori	Kihon	Tachiwaza
Ikkyo	Shomenuchi	Omote & Ura	Tachiwaza
Iriminage	Shomenuchi		Tachiwaza
Shihonage	Shomenuchi	Omote & Ura	Tachiwaza
Kokyu Dosa	Ryotedori	Kihon	Suwariwaza
Weapons			
Ken	Suburi	1 & 2	
	Happogiri	2 Directions	
Jo	Suburi	1 to 3	

Progression upto 5th Kyu (Red Striped Belt) - Test not to be taken before the students 6th Birthday

6th Kyu (grey striped belt) 1st Stripe (7hrs minimum)

Technique	Attack	Direction/Options	Position
Kokyu Ho	Morotedori		Tachiwaza
Ikkyo	Katatedori	Omote & Ura	Tachiwaza
Weapons			
Ken	Suburi	3rd	
Jo	Suburi	4th	

6th Kyu (grey striped belt) 3rd Stripe (7hrs minimum)

Technique	Attack	Direction/Options	Position
Shihonage	Katatedori	Omote & Ura	Tachiwaza
Iriminage	Katatedori		Tachiwaza
Weapons			
Ken	Suburi	5th	
Jo	Suburi	6th	

6th Kyu (grey striped belt) 2nd Stripe (7hrs minimum)

Technique	Attack	Direction/Options	Position
Ikkyo	Katadori	Omote & Ura	Tachiwaza
Shihonage	Ryotedori	Omote & Ura	Tachiwaza
Weapons			
Ken	Suburi	4th	
Jo	Suburi	5th	

5th Kyu (red striped belt) (7hrs minimum)

Technique	Attack	Direction/Options	Position
Kokyu Ho	Morotedori		Tachiwaza
Ikkyo	Katatedori	Omote & Ura	Tachiwaza
	Katadori	Omote & Ura	Tachiwaza
Shihonage	Ryotedori	Omote & Ura	Tachiwaza
	Katatedori	Omote & Ura	Tachiwaza
Iriminage	Katatedori		Tachiwaza
Weapons			
Ken	Suburi	3, to 5	
	Happogiri	4 Directions	
Jo	Suburi	4 to 6	

Progression upto 4th Kyu (Purple Striped Belt) - Test not to be taken before the students 7th Birthday

5th Kyu (red striped belt) 1st Stripe (7hrs minimum)

Technique	Attack	Direction/Options	
Kokyu Ho	Katatedori		Tachiwaza
Ikkyo	Yokomenuchi	Omote & Ura	Tachiwaza
Weapons			
Ken	Suburi	6th	
Jo	Suburi	7th	

5th Kyu (red striped belt) 3rd Stripe (7hrs minimum)

Technique	Attack	Direction/Options	Position
Kaitenage	Katatedori	Soto & Uchi Mawari	Tachiwaza
Iriminage	Yokomenuchi		Tachiwaza
	Tsuki		Tachiwaza
Weapons			
Ken	Awase	Hidari	
	Suburi	6 to 7	
Jo	Suburi	9th & 10th	

5th Kyu (red striped belt) 2nd Stripe (7hrs minimum)

Technique	Attack	Direction/Options	Position
Ikkyo	Tsuki	Omote & Ura	Tachiwaza
Shihonage	Katadori	Omote & Ura	Tachiwaza
	Yokomenuchi	Omote & Ura	Tachiwaza
Weapons			
Ken	Awase	Migi	
	Suburi	7th	
Jo	Suburi	8th	

4th Kyu (purple striped belt) (7hrs minimum)

Technique	Attack	Direction/Options	Position
Kokyu Ho	Katatedori		Tachiwaza
Ikkyo	Yokomenuchi	Omote & Ura	Tachiwaza
	Tsuki	Omote & Ura	Tachiwaza
Shihonage	Katadori	Omote & Ura	Tachiwaza
	Yokomenuchi	Omote & Ura	Tachiwaza
Kaitenage	Katatedori	Soto & Uchi Mawari	Tachiwaza
Iriminage	Yokomenuchi		Tachiwaza
	Tsuki		Tachiwaza
Kokyu Nage	Kosadori		Tachiwaza
Weapons			
Ken	Awase	Migi, Hidari	
	Suburi	6 to 7	
Jo	Suburi	7 to 10	