



Tony Sargeant Shihan

50 Years in Aikido



Celebration Seminar Registration Form

Saturday 16th September

Venue Storeys Field Centre, Eddington Avenue, Cambridge, CB3 1AA	Schedule Training/Talks: 10:00 – 17:00 (Numerous breaks) Lunch: 13:0 – 14:00
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Name:		
Address:		
Postcode:		
Telephone Number:		
E-mail Address:		
Club: (If Applicable)		
Organisation/Style: (If Applicable)		
Evening Drinks & Meal	<input type="checkbox"/> Yes I will be attending How many _____	<input type="checkbox"/> No I won't be attending

If you are training with us then you will be required to have valid insurance. This can be provided on the day (£5)

Tea, Coffee and light refreshments will be available. There is also a Sainsbury's Supermarket a (very) short walk from the venue.

For more information: <https://takemusu-iwama-aikido.org/50th-celebration-seminar/>

Payment details:

(Please complete)

Training:	£25	<input type="checkbox"/>
Spectating:	Free Of Charge	<input type="checkbox"/>

Please make your electronic payment to:

Bank Account Name:	Tonbo Aikido
Account Number:	25778153
Sort Code:	52-10-46
Payment Reference	<Your Name> + <50 Years>

Please use the 'Payment Reference' option when making payment to the above bank account so that we can clearly tie your payment to your registration for the celebration event.

Evening Gathering & Meal Options:

We are continuing the to celebrate Sensei Sargeant's '50 Years in Aikido' with an evening meal at Browns. The numbers are limited so if you wish to join us then please select this on the registration form before sending to celebration@tonbo-aikido.org. You will need to **pay in advance and by the 28th August** to ensure we have secured your reservation at the restaurant.

Drinks can be ordered and paid for separately at Browns, where there is a well-stocked bar.

Parking on the street is possible but metered until 18:30 and then is free of charge. Alternatively, you could use the Grand Arcade car park followed by a

short walk. Please use Google Maps, etc. to assist with the location and walking routes.



BROWNS CLASSICS MENU

TWO COURSES FOR 24.50
THREE COURSES FOR 29.50

ADD A MOËT & CHANDON IMPÉRIAL CHAMPAGNE RECEPTION FOR 10 PER PERSON

STARTERS

MUSHROOMS ON SOURDOUGH (VE)

Wilted spinach, white wine, garlic, parsley, toasted pine nuts. 224kcal

CHARRED FIG, WHIPPED GOAT CHEESE & BEETROOT SALAD (V)

Rocket, pine nuts, sourdough croutons, orange blossom honey. 282kcal

SALT & PEPPER CRISPY SQUID

Charred lemon, aioli. 441kcal

TERIYAKI CHICKEN SKEWERS

Pickled vegetables, lemongrass & ginger dipping sauce. 451kcal

FENNEL POLLEN & ORANGE SMOKED SALMON

Fennel, orange, sourdough croutons. 539kcal

MAINS

CHICKEN SCHNITZEL

Lemon & thyme crumb, fried heritage hen egg, your choice of dressed salad (548kcal) or fries (784kcal)

TRADITIONAL FISH & CHIPS

Fresh haddock, pea & mint purée, tartare sauce, thick-cut chips. 956kcal

PAN-SEARED SALMON & LOVAGE PESTO

Heritage potatoes, heirloom tomatoes, caramelised shallot, dill, samphire. 850kcal

SHEPHERD'S PIE

Slow-cooked pulled lamb shoulder in red wine and herbs, Tenderstem® broccoli. 917kcal

10oz RIBEYE (6 supplement)

Fries, dressed watercress. 788kcal

ASPARAGUS & BUTTERNUT CURRY (VE)

Fragrant coconut, lemongrass and ginger curry, sticky jasmine rice, charred lime. 711kcal

DESSERTS

APPLE, RHUBARB & RASPBERRY CRUMBLE (V)

Served with your choice of stem ginger ice cream (599kcal) or custard (469kcal)

Vegan option available. 600kcal

SALTED CARAMEL PROFITEROLES (V)

Homemade salted caramel, toffee sauce. 838kcal

VANILLA CRÈME BRÛLÉE (V)

Home-baked biscuit. 589kcal

POACHED FRESH PINEAPPLE IN SPICED RUM & VANILLA (VE)

Coconut sorbet, fresh lime. 468kcal

HOME-BAKED CHOCOLATE BROWNIE (V)

Dark chocolate bark, honeycomb ice cream. 634kcal

Adults need around 2000kcal a day.

An optional 10% service charge will be added to all tables, all of which is shared fairly amongst the team in this restaurant.

Payment Details:

Payment for the meal booking will need to be made separately to the Seminar booking.

There is an additional service charge of 10% which will need to be added to the price of your menu choice prior to making payment to:

Bank: HSBC

Account Name: Jane S K Holland

Sort Code: 40-25-22

Account Number: 81058452

Please add your name and '50 Years' in the Reference field to help with the reconciliation.